



A scenic bike tour through Cumberland County in Central Pennsylvania sponsored by the Harrisburg Bicycle Club. Featuring five ride distance options and homemade soup! Sunday, September 17, 2017

Tour Cumberland County's scenic countryside alongside the Yellow Breeches, Conodoguinet and Big Spring Creeks.

- Start point - Penn Township Fire Department, 1750 Pine Road, Newville, about 15 minutes from Carlisle.
Picnic on homemade soup, fresh baked goods, and other delicious offerings
Choose your ride: 25, 50, 75 or 100 miles, plus an 18 mile route on the scenic Cumberland Valley Rail Trail. Try the 50 mile South Mountain Challenge option for additional climbing!
Enjoy the gentle terrain of the valley or challenging routes through the hills, including an optional climb to Kings Gap.
\$25 per person for pre-registration postmarked by August 15, \$30 per person after August 16 and \$35 per person after Sept 4. \$5.00 for riders under age 18. Registration is available the day of the event.
Entry fee covers lunch, rest stops, snacks, cue sheets and sag support.
Moisture-wicking long or short sleeve t-shirts are sold separately. Shirts must be pre-ordered by 8/15/17.

How to register:

Go to www.threecreekcentury.com. Register and pay on-line by credit card at no extra charge using the Eventbrite link provided or you can complete mail this registration form with payment.

Sorry, no refunds. This event is held rain or shine.

Registration is from 6:30 a.m. to 11:00 a.m. The ride opens at 7:00 a.m. Riders must enter the course no later than: 8 a.m. for 100 miles; 9:30 a.m. for 75 and 50 miles; 11:00 a.m. for 25 miles. Riders doing the CVRT route will begin at the Newville trailhead between 9:00 a.m. and 11:00 a.m. All riders must be off the courses by 5 p.m.

HELMETS ARE REQUIRED.

Name Address
City/State/Zip Phone:
Email
Emergency Contact Name Emergency Phone:

HBC Member? yes no I don't eat meat. Please provide an alternative meal choice for me
I am aware of the risks of bicycling and otherwise participating in the event and voluntarily assume such risks. I release the Harrisburg Bicycle Club and its respective directors, officers, volunteers and staff from liability arising out of this event. If the registrant is a minor, I, as parent or guardian, release the Harrisburg Bicycle Club for liability for that minor.

Signature of participant Signature of parent of guardian

Registration fee: \$25 if postmarked by Aug. 15 (\$30 Aug. 16-Sept 6, \$35 after Sept 6) \$
Riders under age 18: \$5.00 \$
I plan to ride the CV Rail Trail route Yes No
T-Shirts Must order by 8/15/17. Shirts must be picked up day of ride. \$
Circle one: Long sleeve \$20 Short sleeve \$15
Adult size: S M L XL XXL
Child sizes: S M L
TOTAL ENCLOSED \$

Sorry...no refunds. Make checks payable to Harrisburg Bicycle Club and send to: Donna Finn 13 Rockaway Dr., Camp Hill PA 17011

