

# Three Creek Century

Harrisburg Bicycle Club

*A scenic bike tour through Cumberland County in  
Central Pennsylvania hosted by the  
Harrisburg Bicycle Club and sponsored by Donegal Insurance*  
Featuring five ride distance options and homemade soup!  
**Sunday, September 15, 2019**



*Tour Cumberland County's scenic countryside alongside the Yellow Breeches, Conodoguinet and Big Spring Creeks.*

- ◆ **Start point – Penn Township Fire Department, 1750 Pine Road, Newville, about 15 minutes from Carlisle.**
- ◆ Picnic on homemade soup, fresh baked goods, and other delicious offerings
- ◆ Choose your ride: 25, 50, 75 or 100 miles, plus an 18 mile route on the scenic Cumberland Valley Rail Trail.
- ◆ Enjoy the gentle terrain of the valley or challenging routes through the hills, including an optional climb to Kings Gap.
- ◆ The reasonably priced entry fee covers lunch, rest stops, snacks, cue sheets and sag support.
- ◆ Moisture-wicking long or short sleeve t-shirts are sold separately. **Shirts must be pre-ordered by 8/15/18.**
- ◆ This Century is part of the PA Bicycling Trifecta, partnering with the Chocolate Tour on Aug. 3 and the Lancaster Covered Bridge Classic on Aug. 18. Register for all three to earn a commemorative mug!



**How to register:**

Go to [www.threecreekcentury.com](http://www.threecreekcentury.com). Register and pay on-line by credit card at no extra charge using the Eventbrite link or you can complete mail this registration form with payment.

**Sorry, no refunds. This event is held rain or shine.**

Registration is from 6:30 a.m. to 11:00 a.m. The ride opens at 7:00 a.m. Riders must enter the course no later than: 8 a.m. for 100 miles; 9:30 a.m. for 75 and 50 miles; 11:00 a.m. for 25 miles. Riders doing the CVRT route will begin at the Newville trailhead between 9:00 a.m. and 11:00 a.m. All riders must be off the courses by 5 p.m.

**HELMETS ARE REQUIRED.**

Name \_\_\_\_\_ Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone: \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

HBC Member?  yes  no I don't eat meat. Please provide an alternative meal choice for me \_\_\_\_\_

I am aware of the risks of bicycling and otherwise participating in the event and voluntarily assume such risks. I release the Harrisburg Bicycle Club and its respective directors, officers, volunteers and staff from liability arising out of this event. If the registrant is a minor, I, as parent or guardian, release the Harrisburg Bicycle Club for liability for that minor.

\_\_\_\_\_  
Signature of participant

\_\_\_\_\_  
Signature of parent of guardian

Registration fee: \$30 if postmarked by Aug. 15 (\$35 Aug. 16-Sept 6, \$40 after Sept 6) \$ \_\_\_\_\_

Riders under age 18: \$5.00 \$ \_\_\_\_\_

I plan to ride the CV Rail Trail route Yes \_\_\_\_\_ No \_\_\_\_\_

T-Shirts Must order by 8/15/18. Shirts must be picked up day of ride. \$ \_\_\_\_\_

Circle one: Long sleeve \$20 Short sleeve \$15

Adult size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

Child sizes: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_



**TOTAL ENCLOSED \$ \_\_\_\_\_**



**Make checks payable to Harrisburg Bicycle Club and send to Ann Hammond 112 Pickett Road, Dover PA 17315**